



AKS Lytham

NURSERY & PREP SCHOOL



Parents' Handbook For Preparatory School

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Welcome from the Head of Nursery and Preparatory School



Dear Parents,

I am delighted to welcome you and your family to AKS Lytham. We are immensely proud of our school and I hope that you will be very happy with us on the exciting journey ahead. We have outstanding teachers who are ready to challenge your child in their learning every day. Attending AKS Preparatory School marks a dynamic time for your child's development. We want your child to be happy at school and we ensure that your child's wellbeing is at the centre of our curriculum.

We are pleased that we have a whole school ethos to your child's education, from our Nursery, which some of your children may have attended, into the Preparatory School and then through the Senior School: all of this ensures that there is a seamless approach throughout their time with us. AKS Lytham has a rigorous attitude towards its academic curriculum, as well as a strong co-curricular programme. We focus on character education that builds your child's self-awareness and independence, encourages resilience and tenacity, and develops your child's skills in communication, teamwork and leadership.

I hope that you find the information in our handbook helpful: if you do have any further questions, please do get in touch. In the meantime, I very much look forward to getting to know you and your family.

Kind regards,

Amanda Ilhan B.Ed, M.Ed
Head of Nursery and Preparatory School
amanda.ilhan@akslytham.com

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In certain circumstances, such as the recent COVID-19 pandemic, arrangements may need to change, and we will contact parents directly with full details.

Ethos and Aims

We aim to provide a happy, safe, exciting and thriving environment where our young people can make their educational journey into the world beyond the school.

We seek to be progressive, working to develop our practice and offering in ways that are future-facing, whilst maintaining the best of the traditional, identifying the knowledge, skills and dispositions that future citizens will need, and offering thought leadership as we continually adapt the education we offer.

We are a community school, with a strong desire to engage in local, national and international communities, supporting initiatives to the benefit of others, embracing the wider AKS world and the community of alumni from our heritage schools; we seek to focus on the wellbeing of all, and to provide opportunities for people to join our school and benefit from the education it provides.

We are internationally-minded, engaging with other schools and groups around the world, with a clear focus on students moving to become global citizens after they leave school.

We are inclusive, and aim to ensure that the opportunities that an AKS education provides are available to everyone who joins the school, whatever their background or ability.

Our education is holistic, providing a broad curriculum, and we consider a wide co-curricular offering, a focus on character education and the development of career knowledge and skills to be as important as our strong academic focus.

AKS is an ambitious school: we actively seek to ensure excellent outcomes for individuals with particular ability in academic, sporting, musical, dramatic and other areas according to their needs and, ultimately, to empower people to make a real difference to the lives of those around them, and to be responsible, compassionate and engaged citizens of the world.



Meet the Team

Headmaster

Mr David Harrow

Email: headmaster@akslytham.com

Head of Nursery and Preparatory School

Mrs Amanda Ilhan

Email: amanda.ilhan@akslytham.com

Nursery Manager

Miss Vicky Reynolds

Email: vicky.reynolds@akslytham.com

Bursar

Mrs Audrey Sanderson

Telephone: 01253 784106

Email: audrey.sanderson@akslytham.com

Preparatory School Office

Mrs Tracey Jackson

Telephone: 01253 784110 or 784152

Email: tracey.jackson@akslytham.com or
prep@akslytham.com

Mrs Annemarie Gee

Telephone: 01253 784110

Email: annemarie.gee@akslytham.com or
prep@akslytham.com

Reception Class Teacher and Deputy Head of Nursery and Preparatory School

Miss Jane Allen

Email: jane.allen@akslytham.com

Year 1 Class Teacher and Assistant Head for Teaching and Learning

Mrs Debbie Smith

Email: debbie.smith@akslytham.com

Year 2 Class Teacher and Humanities Co-ordinator

Mrs Fiona Bleasdale

Email: fiona.bleasdale@akslytham.com

Year 3 Class Teacher and Inclusion and Diversity and Religious Education Co-ordinator

Mrs Sharon Blinston

Email: sharon.blinston@akslytham.com

Year 4 Class Teacher and Wellbeing Co-ordinator

Mrs Amanda Briggs

Email: amanda.briggs@akslytham.com

Year 5 Class Teacher and Science Co-ordinator

Mr Adam Worthington

Email: adam.worthington@akslytham.com

Year 5 Class Teacher, Assistant Head for Assessment, Round Square Co-ordinator and Design Technology Co-ordinator

Mrs Rachel Whitaker

Email: rachel.whitaker@akslytham.com

Year 6 Class Teacher and English Co-ordinator

Mr Vincent Rice

Email: vincent.rice@akslytham.com

Year 6 Class Teacher, Mathematics Co-ordinator and Raising Attainment Teacher

Mr Martin Avis

Email: martin.avis@akslytham.com

Specialist Teachers Learning Support Co-ordinator

Mrs Nasreen Mirza

Email: nasreen.mirza@akslytham.com

Sports Co-ordinator

Mr Mark Moretti

Email: mark.moretti@akslytham.com

Key Stage 1 and 2 Teacher

Mrs Linda Cole

Email: linda.cole@akslytham.com

Meet the Team

Sports Coach and Teaching Assistant

Mrs Judith Dixon

Email: judith.dixon@akslytham.com

Music Co-ordinator and IT Co-ordinator

Mr Daniel Thomas

Email: daniel.thomas@akslytham.com

Art Co-ordinator

Mrs Hilary Hine

Email: hilary.hine@akslytham.com

Year 6 Design & Technology Teacher

Mrs Sarah Burke

Email: sarah.burke@akslytham.com

Year 6 Drama Teacher

Miss Martha Worthington

Email: martha.worthington@akslytham.com

Modern Foreign Languages and English (as an additional language) Co-ordinator

Ms Liz Robinson

Email: liz.robinson@akslytham.com

Teaching Assistants

Mrs Maxine Brooker

Email: maxine.brooker@akslytham.com

Mrs Yvonne Walsh

Email: yvonne.walsh@akslytham.com



AKS Preparatory School

An A-Z Guide

Assemblies

All pupils attend a school assembly three times a week. These vary in theme from wellbeing, awards assemblies, to class assemblies or a celebration assembly, to weekly singing and orchestra assemblies. The children may bring in any certificates, trophies or awards they have received for achievements outside school. There will be a 'Star of the Week' certificate presented to one member of the class each week, and regular award certificates for the learning of times tables.

Assessment and Testing

Pupils are tested each term using Reading (PIRA), Maths (PUMA), Spelling, Punctuation and Grammar (GAPS) tests. Following analysis of the results, our intervention team teaching assistants, the Raising Attainment Teacher and Learning Support Teacher are allocated accordingly.

As well as testing, the Classroom Monitor system is used to track pupils' progress, and Accelerated Reader is used to assess the pupils' reading ability and comprehension level.

We use Microsoft Power BI to correlate and further analyse our assessment data.

Co-curricular Opportunities

We offer a broad range of experiences beyond our rigorous academic curriculum. These are designed to nurture creativity, to develop interests and hobbies, and to encourage a spirit of voluntary contribution to the school and the wider community. They cover a varied range of activities, such as chess, Mad Science, judo, Lego and many more.

Sporting opportunities are extensive. Our main sports are rugby, football, hockey, netball, rounders, cricket and athletics. Pupils have the opportunity to participate in the many fixtures against other schools, and our teams typically hold regional and national titles.

There is also a Speech and Drama Club too. Clubs finish after school between 4.30pm and 4.45pm.

Drama and Music also feature prominently, and inspire countless pupils each year to take part in award-winning productions, concerts and recitals. Our after-school Speech and Drama Club provides the chance to explore this further, and to pursue the LAMDA award.

As a through school, the strong links we hold with our Senior School allow our most accomplished athletes and musicians to perform at a higher level with many training and competing, rehearsing and performing alongside our older students.





Communication

The conversations we have within school, and between school and home, are an essential part of ensuring the best for our children.

Please never hesitate to contact us on any matter concerning your child's work or welfare: in turn, we will always make every effort to keep you informed about your child's progress as well as life at our busy school.

If You Wish To Contact Us

In the first instance the first point of contact should be the Class Teacher of your son or daughter.

You can find email addresses for staff at the start of this handbook, or on the Contacts section of the school website: please note that we do not normally expect colleagues to respond to messages outside of normal school hours.

Alternatively, our school office (telephone 01253 784110) is open during term time from 8.00am until 4.30pm, where a member of our team will take your call.

Ideally, the raising of concerns is best done through a conversation, and we would always prefer to talk to you in person if possible. If you would like to arrange a meeting with a member of our leadership team, please ring the school office or contact the administration staff at prep@akslytham.com. We will do our best to help, whatever the issue.

If We Wish To Contact You

Please ensure that we always have your correct contact numbers, including one for emergency contact, and let us know as soon as possible should these change.

Almost all school communications are sent electronically, so please do check your emails on a regular basis, and let us know if you are not receiving anything or if we need to update your email address. Sometimes, emails can end up in spam folders!

Occasionally, when time is of the essence, we will send occasional, urgent messages by text, or by text and email. Again, please do let us know if your mobile device number changes at any time, so that the details we hold are always correct.

Curriculum

Our core Prep School curriculum comprises English, Mathematics, Science, Computing, PE, Humanities, PSHE, Religious Education, Design Technology, Art, Modern Foreign Languages, Music and Drama: these are based on the United Learning and DfE curricular guides in these areas and, in a number of subjects, attainment is assessed against key performance indicators baselined across the United Learning group

Whilst the exact details vary by year group, the following gives a general guide for the time spent per week in each subject:

- 5 lessons of Mathematics
- 5 lessons of English
- 3 lessons of Science
- 2 lessons of Computing
- 2 lessons of Humanities
- 2 lessons of DT
- 1 lesson of Music
- 2 lessons of Art
- 1 lesson of MFL (one term of French, German and Spanish per year)
- 4 lessons of PE
- 1 lesson of RE
- 1 lesson of PSHE (Wellbeing)
- 1 lesson of Drama or Outdoor Education activities (each half term)

Daily Timings

The Prep and Senior School timetables are aligned, which allows for subject specialists to move between the sections of the school, and to take advantage of our whole-school setting. As a guide, the timetable typically comprises 30 lessons a week, of 50 minutes per lesson. Lesson 6 is only 40 minutes.

The overall structure of the school day can be seen here:

- 8:45 Registration
- 8:50- 9:10 Assembly
- 9:10- 10:00 Lesson 1
- 10:00- 10:50 Lesson 2
- 10:30- 10:50 Break for Infants
- 10:50 - 11:10 Break for Juniors
- 11:10- 12:00 Lesson 3
- 12:00- 13:15 Lunch time
- 13:20- 14:10 Lesson 4
- 14:05- 14:15 Afternoon Play (Infants and Year 3)
- 14:10- 15:00 Lesson 5
- 15:00- 15:40 Lesson 6

Early Bird Club is usually available from 8.00am in the hall, and all pupils need to be in school for 8.40am, before registration at 8.45am. The school day will usually end at 3.40pm. Twilight Club is usually available each day in the hall until 6.00pm. Morning break is 20 minutes long and lunchtime is 75 minutes.

Data Protection

As a school, we take our responsibilities regarding Data Protection very seriously. Information referencing Data Protection is included in our Terms and Conditions, but fuller detail is provided in our local *Data Protection Policy*, which is accessible in the *Policies* area of our school website.

We would like to use photographic or video images of your son/daughter for the following purposes, but will only do so with your consent:

- 1) The school may use photographic or video images of your son/daughter, taken for school purposes, in school publications, on the school website and other school social media, or other publicity or professional uses. If the school includes your son/daughter's name with the image, the first name only will be used.
- 2) The school may permit the press to use photographic or video images of your son/daughter, taken for school purposes, in media publications. In such circumstances, the school is required to provide a full name to the press, and possibly additional details needed for publication.

Drama

Throughout the year, all pupils from Year 2 and above have specialist drama lessons taught by Mr Thomas, our Prep School Music Co-ordinator, or Miss Worthington, Prep School Drama Teacher. There are numerous opportunities for children to perform, including class assemblies, an annual production and through links with Senior School drama productions. The infant pupils perform the Nativity play at Christmas, Years 3 and 4 perform a play at the end of the Spring Term, and Years 5 and 6 perform a production at the end of the Summer Term.

E-safety

We all share the responsibility for ensuring that your son/daughter learns how to use the internet safely and sensibly. Advice and guidance on this are incorporated into our PSHE Policy. The pupils participate in internet safety assemblies on a termly basis, and the matter is regularly discussed in computing lessons.

We would strongly advise that your son/daughter does not have unsupervised internet access at home - the recommendation is for internet access to be from a computer in a family room which enables reasonable supervision of how the internet is being used.

First Day

Pupils should arrive in full school uniform at the main entrance at the front of the Prep School, where they will be met by the Head of the Nursery and Prep School and then escorted to the correct classroom. The class teacher will show your child where to hang their coat and bags.

You should pack in their bag a small snack and a sturdy water bottle with your child's name on it.

The children will need to bring their school PE bag to school on the first day, and we advise that it is kept in school for the full week and taken home for washing at the weekend. The children will have four games lessons per week, and will need their kit for other sports clubs throughout the week.

Your child can be collected at their allocated door at the end of the day, and for your child's second morning in school, please take your child to their allocated door at their allocated time.

Homework

Through weekly homework, we encourage the children to establish good habits. Each week, the pupils will receive a weekly homework sheet containing details for English and mathematics and sometimes other curriculum areas which have a research or creative enquiry element. The homework can be given as a hard copy and/or as online homework using Microsoft Teams, depending on age.

We ask that the Reading Record Book for pupils up to Year 4 is signed by parents on a daily basis and is returned to school. We ask also that pupils read each day at home and practice their set spellings for a weekly test. Regular practice of times tables is also encouraged.

Houses

In our House system, pupils and staff are grouped into four Houses, named after stately homes of distinction and interest in the North West of England, with whom the School is affiliated: these are Gawthorpe, Leighton, Rufford and Samlesbury. Your child will be allocated a House when they start at AKS and will stay in this House throughout their time at school: typically, siblings are grouped into the same House.

Pupils are able to gain house points for their allocated team: these are awarded throughout the year for their effort, achievements and contribution to the wider school community. They will have the opportunity to demonstrate and practise their leadership qualities by becoming a House Captain in Year 6.

Learning Support

We have a highly qualified and experienced Learning Support department, which operates across the school, and our full Special Educational Needs Policy is available through the school website.

The pupils have an Individual Learning Profile to assist all teachers in the planning of lesson. In class, approaches include the use of colour overlays, yellow interactive white board screens and specific fonts on flip charts as well as word banks, writing frames and concrete materials to support the pupils in their learning.

Please email Mrs Nasreen Mirza, the Prep School Learning Support Co-ordinator, at nasreen.mirza@akslytham.com if you would like further information on our Learning Support programme

Lost Property

Any losses should be reported immediately to the class teacher. Pupils should ask at the Prep School Office if they have misplaced any particular item as there is a Lost Property box located here. We ask that all items are clearly named.

Lunches and Snacks

We are proud of the consistent quality and range of food on offer, all of which is freshly prepared in our own kitchens daily by our dedicated catering staff, under the innovative leadership of Mr Steve Shepherd. More information about our termly menus is available on our website, and examples of our team's exceptional dishes are consistently posted on social media: you can follow the team on Twitter at @AKShospitality.

Each morning, we encourage the pupils to bring in a healthy mid-morning snack such as fruit, a sandwich, bread sticks, dried fruit, cheese or crackers. Water is always available from the fountains around school, and pupils can refill their bottles throughout the day. We do ask pupils to bring in a named plastic water bottle.

Please let us know of any allergies affecting your child. We are a nut free school.



Medical Matters

At AKS, we have a term-time Matron, who can be contacted directly at helen.hotchkiss@akslytham.com. In addition, many members of teaching and non-teaching staff are qualified in First Aid.

If there is anything that relates to your child's medical wellbeing about which you think we should be aware, please do tell us.

If your child feels unwell at school, Matron will be contacted, or a member of staff will make any necessary arrangements.

Our Administration of Medicines Policy is available through our website and, as a school, we are bound by strict regulatory procedures regarding medicines. It is also our legal duty to ensure as much as possible that any medication on the school site is kept securely, so that it cannot be taken by pupils who should not take it. Our policy sets out clearly how medication can be administered during the school day, but there is due procedure to be followed for the protection of both staff and pupils. We would appreciate your support in adhering to our policy. When your child reaches Year 3, they can carry their own inhaler with them as this encourages independence and self-responsibility.

Music

Music is a big part of life in the Prep School as, in addition to the broad music curriculum, many of our pupils choose to take individual music lessons with our superb team of peripatetic music teachers. Our choirs and orchestra usually rehearse on a weekly basis, and a considerable calendar of concerts allows all of our musicians to perform regularly.

In the Infant department, pupils are introduced to the theory of music, paying attention to pitch, duration and dynamics as they explore many different types of instruments and their own voice as an instrument. In Year 3 pupils are loaned a violin or cello and are taught how to play the instrument by specialist teachers. In Year 4, pupils learn a woodwind instrument, in Year 5 a brass instrument, and in Year 6 keyboard or an instrument of their choice. Working in small groups with the Music Co-ordinator, Mr Thomas, and the specialist music teachers, pupils learn the intricacies of each instrument, whilst learning how to turn written notation into music.

News

You will receive our weekly Prep School newsletter by email on Fridays; you will also receive our Half Term Highlights of news across the whole school at the end of each half term.

Parent Portal

Our Parent Portal enables you to log on securely to access progress reports each half term. If you encounter any technical problems, please do not hesitate to contact us on portal@akslytham.com.

Playground and Playtimes

Playtimes are an important element of the day for pupils and should be happy and safe. Growing up, pupils will experience falling out with friends, and will learn to respect and respond to each other appropriately. Building up responsibility, resilience and strategies to deal with friendships is very important. Mrs Amanda Briggs, our Wellbeing Co-ordinator (amanda.briggs@akslytham.com) is always on hand to support the pupils in their friendships.

Prep Management Team

Rachel Whitaker, Assistant Head for Assessment,
Round Square Co-ordinator and Design Technology Co-ordinator

Debbie Smith, Assistant Head for Teaching and Learning

Amanda Ilhan, Head of Nursery and Preparatory School

Jane Allen, Deputy Head of Nursery and Preparatory School

Vicky Reynolds, Nursery Manager



Round Square



We are proud to be a member of Round Square, a network of leading schools across the world with an exceptional and holistic approach to character education. Built around the six core 'IDEALS' (Internationalism, Democracy, Environmentalism, Adventure, Leadership, Service) and twelve 'Discoveries' – dispositions and skills that students will explore as part of their learning journeys – the framework and philosophy of Round Square enables individuals to develop as responsible citizens of the world, empowered to make a difference on both a local and a global scale.

At AKS, Round Square is a fundamental part of our approach, from the youngest children in the Prep School right through to Year 13. We actively dive into the IDEALS and Discoveries, with an explicit focus on key points, and also through their development as part of our academic and wider curricula. Inspired by the prescient thinking of the educationalist Kurt Hahn, whose ideas also led to the Duke of Edinburgh's Award, AKS provides opportunities to engage in the international community, through collaborations with schools and groups across the world, as well as embracing the importance of service, and the value of challenge and adventure in every aspect of their school lives.

Student leadership is strongly encouraged at our school: we have Round Square Committee Leaders as well as Student Council Representatives, Music Ambassadors, Reading Ambassadors, Wellbeing Ambassadors, Sports and House Captains, all of which encourage a clear student voice.

Find out more at www.rounquare.org.

Safeguarding/Child Protection

Looking after the wellbeing and care of our children is our highest priority. We ensure that they feel secure, that they are able to talk, and that they feel that they will be heard.

The PSHE (Wellbeing) curriculum plays a crucial role in this process. Beyond this, however, the culture of the school, the strength of the tutorial system, and the positive relationships formed between pupils and teachers all enhance our overall level of care and increase the likelihood that our pupils will feel able to confide in us, and that we will be aware of any causes for concern.

Mrs Amanda Ilhan is the Designated Safeguarding Lead for the Nursery and Preparatory School, with Vicky Reynolds (Nursery Manager) as her Deputy. All staff receive training on child protection issues, and this training is regularly updated.

The Children Act (1989) requires that all school staff pass on to the Head and/or the Designated Safeguarding Lead information which gives rise to a concern about a child's welfare, including risk from non-accidental injury, neglect, emotional or sexual abuse. The school will seek, in general, to discuss any concerns with parents and, where possible, seek their consent for any referral to the Social Services Department. However, this can only be done where such discussion and seeking of agreement will not place the child at increased risk of significant harm.

In all such matters, the school is bound by, and willingly complies with, its legal obligations and, with regard to the above, the school follows the procedures set out in our Child Protection Policy. This policy is available on the school website and from the General Office. All members of staff, including volunteers, are DBS cleared to Enhanced Level.

School Shop

The school shop, managed by Mrs Amanda Hoskisson, is the sole supplier of school uniform, and also sells a range of stationery and other school materials. Full details of opening times and uniform costs are available on our school website under our Admissions tab.

Mrs Hoskisson can be contacted at any time at amanda.hoskisson@akslytham.com should you have any questions about our uniform.

Social Media

Our main three social media accounts for the whole school and Prep School are the following, these are supplemented by a number of subject-specific Twitter and Instagram accounts.



@AKSSchoolLytham



@AKSSchool
@AKSPrepSchool
@AKSPrepSchoolSport



@aks_lytham

Additional Social Media Accounts:

FACEBOOK

@AKSLythamOAKS

TWITTER

@AKSAcademic

@AKSArtandDesign

@AKSSport

@AKSDrama

@AKSLythamMusic

@AKSSixthForm

@AKSAction

@AKSPSHE

@AKS_OAKs

INSTAGRAM

@akssixthform

@aksdrama

Sport

We offer an extensive range of sporting opportunities, including our main sports of rugby, football, hockey, netball, rounders, cricket and athletics. Sport is delivered by our specialist sports teachers and coaches. Swimming lessons usually take place for one term at the YMCA St Annes pool. In December, Years 3-6 participate in a House swimming gala and our infant and junior sports' days take place in June.

If your child is not fit to take part in sport, please send a note to the teacher in charge of the activity.

AKS pupils and teams have enjoyed many competitive successes in recent years, including:

Athletics:

Association of Independent Junior Schools (AIJS) Cross Country- Pupil award: Silver U10 Girls

Placed 4th in the Lancashire County Indoor Athletics Finals

AIJS Indoor Athletics - Pupil award: Gold U10 Speed Bounce – new AIJS record

AIJS Indoor Athletics - Pupil award: Gold U10 Javelin – new AIJS record

AIJS Indoor Athletics - Pupil award: Gold U10 Paarlauf Relay Race – new AIJS record

AIJS Indoor Athletics - Pupil award: Silver U10 Standing Triple Jump

AIJS Indoor Athletics - Pupil award: Silver U10 3 Lap Sprint Race

AIJS Indoor Athletics - Pupil award: Silver U10 Obstacle Race

AIJS Indoor Athletics - Pupil award: Gold U11 3 Lap Sprint Race- new AIJS record

AIJS Indoor Athletics - Pupil award: Bronze U11 Paarlauf Relay Race

AIJS Indoor Athletics - Pupil award: Bronze U11 Javelin

AIJS Indoor Athletics - Pupil award: Bronze U11 Vertical Jump

Hockey:

U11 Girls' Hockey - Lancashire Champions

U11 Girls' Hockey - North West Champions

U11 Girls' Hockey - North of England finalist (finals cancelled)

U11 Girls' Hockey - AIJS Champions

U11 Girls' Hockey - Rossall Invitational Tournament Winners

4 players selected for Lancashire Hockey at U12 level

U11 Boys' Hockey - Lancashire Runners Up

U11 Boys' Hockey - North of England finalist (finals cancelled)

U11 Boys' AIJS Hockey Plate Winners



Swimming:

AJIS Swimming Gala- Pupil award- U10 Girls 25m Front Crawl- Bronze Medal

Tennis:

U10 Mixed Tennis Lancashire Champions 2019

Netball:

LSA League 2020 Champions, A & B Teams unbeaten

Staff

We operate professionally as a close and mutually supportive team, with a shared enthusiasm for working with young people and bringing out the best in them. The pupils will be mainly taught by the class teacher but will also have lessons with specialist teachers for Music, Art, Computing, Drama, French, Spanish, German, Design and Technology and PE, depending on age.

Trips

The Infant classes participate in daily trips to enhance their learning in their curriculum subjects including, for example, a trip to the museum, the zoo or the local lifeboat stations.

From Year 3 onwards, each year group enjoys a residential trip. In Year 3, the pupils stay overnight away from home for one night, Year 4 for two nights, Year 5 for three nights and Year 6 for four nights.

The aim of the residential trips is to help your child gain independence in sleeping and eating away from home, managing themselves and their belongings, and taking responsible risks through organised adventurous activities which teach skills of problem solving, teamwork, communication, leadership as well as self-awareness, tenacity and confidence. Our pupils gain a great deal from the residential trips, and they are something the pupils will remember fondly in the years to come.





Uniform

We place great importance on standards of personal presentation, and expect all pupils to adhere to the school dress regulations. Please note that all new items of clothing, including games kit, must be clearly and indelibly marked with the owner's name.

Other than a watch, pupils should not wear any accessories or jewellery. Girls with long hair should have it tied back with plain black or burgundy accessories.

Sports Kit for Boys

PLEASE ENSURE ALL OF THIS KIT IS NAMED

Blue/Green AKS reversible rugby/football shirt

Blue/Green AKS rugby shorts

White/Blue AKS shorts

Green football/rugby socks

White ankle socks

Football boots

Shin pads

Gum shield

White/Blue/Green AKS polo shirt

Running Trainers

Astro shoes (optional)

AKS school 'Kukri' tracksuit. Fleece is optional.

AKS school swimming trunks

Warm long sleeve top to wear under rugby shirt (optional and please make sure this is white or navy if you buy one)

AKS athletics vest (optional)

Goggles are recommended for swimming.

Sports Kit for Girls

PLEASE ENSURE ALL OF THIS KIT IS NAMED

White/Blue/Green AKS polo shirt

Green/Blue AKS netball/hockey skort

Green hockey socks

White ankle socks

Running Trainers

Astro shoes (optional)

Shin pads

Gum shield

AKS school 'Kukri' tracksuit. Fleece is optional.

AKS school swimming costume

AKS/plain white swimming cap

Warm long sleeve top to wear under hockey shirt (optional and please make sure this is white or navy if you buy one)

AKS athletics vest (optional)

Goggles are recommended for swimming.

Website

Our school website, www.akslytham.com, is frequently updated with news and information about life in our busy school. You can also find details of how to contact key individuals, such as members of our Local Governing Board or the Whole School Leadership Team. Copies of many of our school policies, including those listed below, are also available.

| | | |
|-------------------------------|-------------------------|----------------------------|
| Academic Performance | Discipline & Exclusions | Privacy |
| Administration of Medicines | Drugs Misuse | Provision of Information |
| Admissions | Educational Visits | PSHE |
| Aims & Ethos | Equal Opportunities | Rules, Rewards & Sanctions |
| Anti-Bullying | Fire Policy | School Contact Details |
| Behaviour | Fire Risk Assessment | Special Educational Needs |
| Child Protection/Safeguarding | First Aid | Supervision of Students |
| Complaints | Health & Safety | Wellbeing |
| Curriculum | ICT Acceptable Usage | |
| Data Protection | Online Safeguarding | |

All these documents are also available in hard copy, should you prefer, on request from our school office.

Wellbeing

The day-to-day business at AKS is supported by six wellbeing habits:

- 1) **Be Rested:** achieve good quality sleep each night, with a regular routine.
- 2) **Be Healthy:** make your diet balanced, nutritious and healthy (with regular mealtimes and including breakfast), and drink plenty of water each day (avoiding sugary drinks).
- 3) **Be Mindful:** protect some quiet time each day to think about what you have achieved so far, what you want to achieve next, why, and how to do it.
- 4) **Be Productive:** focus your attention appropriately, take responsibility, make things happen, and avoid any distractions or time-wasting temptations that do nothing to help you or other people.
- 5) **Be Social:** take the time to listen to other people, talk with them face to face, and contribute usefully to the community around you.
- 6) **Be Positive:** know your strengths, see any mistakes or failures as something to learn from, look for the good in situations and people, and make each moment of each day the best you can for yourself and others.

These habits help provide clarity, guidance and an opportunity for reflection for each pupil, and help to ensure that they are most able to look after themselves and others at school and beyond.

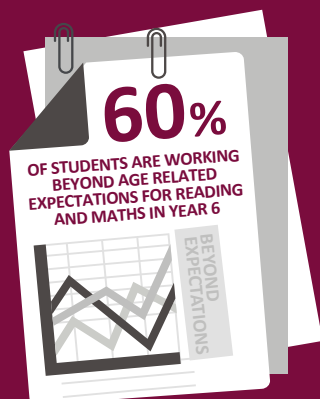
AKS Wheel of Wellbeing





AKS Lytham

NURSERY & PREP SCHOOL



**NATIONAL
'STORY SLAM'
FINALISTS**
2 YEARS RUNNING

**BEST
INDEPENDENT
SCHOOL IN THE UK**
FOR CATERING
AND HOSPITALITY (2018)

TEACHING IN
PREPARATORY
BY SPECIALIST
TEACHERS IN

9
SUBJECT
AREAS

OVER
4,000
BOOKS
IN THE PREPARATORY
SCHOOL LIBRARY

6
STUDENT-LED
COMMITTEES

HOCKEY
U11 Girls'
NORTH WEST,
LANCASHIRE & AJIS
2020 CHAMPIONS
U11 Boys'
U11 NORTH OF ENGLAND
FINALISTS

4 **SPECIALIST
LESSONS**
IN THE NURSERY
PER WEEK
*French, Spanish, Music
Sport & Outdoor Learning*

U10 **LANCASHIRE
MIXED TENNIS
CHAMPIONS 2019**

**FRENCH,
SPANISH
& GERMAN**
from RECEPTION

WINNERS
**BLACKPOOL
SEASIDERS ART
COMPETITION 2019**

FINALISTS
'7 BILLION IDEAS'
COMPETITION
IBM WARWICK 2019

*"Great school,
ethos and
community spirit"*
"An excellent school"
"Worth every penny"

PREP PARENT SURVEY
NOVEMBER 2019

**100% LAMDA
DISTINCTION**
FOR DRAMA
MARCH 2020

10
PLAYS &
CONCERTS PER ANNUM

RESIDENTIAL
TRIPS

from YEAR 3

AJIS ATHLETICS
FESTIVAL
2020
**FINALISTS
& RECORD
BREAKERS**
LANCASHIRE COUNTY **FINALISTS**

HOSTS OF
LYTHAM
PARENTS'
SPEAKER
SERIES

RAISING ATTAINMENT TEACHER SUPPORTS
INDIVIDUALISED ACADEMIC AMBITION

U11 GIRLS'
& U11 BOYS'
**SPORTS
TOURS**
BIENNIAL
SKI TRIP

NETBALL
LSA LEAGUE 2020
CHAMPIONS
A&B TEAMS
UNBEATEN

52
CLUBS
PER WEEK



80
INCLUSIVE
PIECE ORCHESTRA
MUSIC PROGRAMME
EVERY CHILD
from YEARS 3-6
PLAYS A MUSICAL INSTRUMENT